

Physical Examinations

Physical Examinations – Students entering kindergarten are required to have a doctor’s physical examination, dated after January 1st, before the start of school in the fall.

Proof of this examination must be provided to the district. Physical examinations for students in second, fourth, seventh and tenth grades, as well as new entrants, are also required by New York State. These physicals are administered at school by the school physicians beginning in the fall at the district’s expense or parents may opt to use their own private physician at their own expense.

Sports Physicals – Students who intend to participate in an interscholastic sport during the coming school year are required to have a sports physical. Sports physicals are usually given during the month of June in the high school nurse’s office for the forthcoming school year. The schedules for these physicals are posted throughout the school building and are also published in the local newspapers. **Any student not able to attend the scheduled sports physicals at school is responsible for his/her own physical before he/she may practice.** Rules and Regulations and Health Questionnaire forms must be signed by both parent and student and returned to the coach before participation begins.

Physical Education Exemption – A physical education class medical excuse must be written by a medical doctor and presented to the school nurse *prior to being excused from physical education class for illness or injury.*

School Health Screenings – Regular health screenings for height, weight, vision and hearing are done annually for students in grades K-12, and scoliosis screenings are done for students up to 16 years of age. In the elementary school, periodic pediculosis checks are done with follow-up by the high school when necessary, in accordance with State regulations and school policy. Parents will be contacted if there is evidence of any health problems.